

St. Joseph Downingtown Lacrosse

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General Lacrosse Information and Requirements

- Registered members of St. Joseph Parish or School or members of PJPII (Regional) School or its affiliated Parishes and other approved Region 17 Parishes.
- Boys and Girls entering grades 5 – 8
- Registration is held in January during Spring Sports Registration
- Minimum of 15 registered athletes
- 2 divisions: JV – 5th/6th; V – 7th/8th
- There may be ‘Green’ and ‘White’ teams per division
- Uniform deposit required: \$50, refunded upon return of complete uniform
- Equipment purchased by family:
 - Boys: helmet, gloves, athletic supporter with cup, shoulder pads, cleats, mouth guard, stick
 - Girls: goggles, cleats, mouth guard, stick
- Season runs March – early June
- Clinics may begin in mid-late February
- Practice begins in March generally held 2-3 times per week on weeknights, occasionally Saturday morning until games begin.
- Games are held on Saturday or Sunday
- Practice and/or games are generally 3-4 times per week

VOLUNTEERS ARE NEEDED

CYO sports require many volunteers throughout the season (i.e. coaches, team parent/manager). If you would like to volunteer, please see our website for more information. Your help is greatly needed and appreciated.